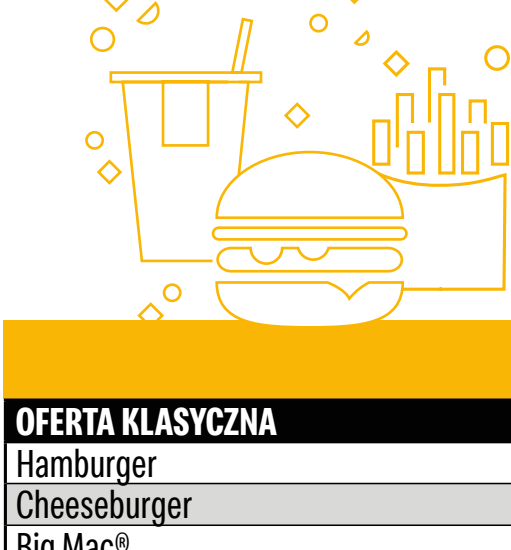




## TABELA WARTOŚCI ODŻYWCZYCH



|                                                     | R=840kJ |      | R=2000kcal |      | R=70g |      | R=20g |      | R=20g |      | R=90g |      | R=90g |      | -    |      | R=50g |      | R=5g |      |
|-----------------------------------------------------|---------|------|------------|------|-------|------|-------|------|-------|------|-------|------|-------|------|------|------|-------|------|------|------|
|                                                     | 100g    | 100g | 100g       | 100g | 100g  | 100g | 100g  | 100g | 100g  | 100g | 100g  | 100g | 100g  | 100g | 100g | 100g | 100g  | 100g | 100g | 100g |
| OFERTA KLASYCZNA                                    |         |      |            |      |       |      |       |      |       |      |       |      |       |      |      |      |       |      |      |      |
| Hamburger                                           | 1020    | 1065 | 13         | 243  | 258   | 13   | 89    | 95   | 14    | 35   | 37    | 19   | 27    | 29   | 11   | 63   | 68    | 8    | 21   | 23   |
| Cheeseburger                                        | 1064    | 1083 | 15         | 254  | 306   | 15   | 11    | 13   | 19    | 51   | 61    | 31   | 25    | 30   | 11   | 60   | 73    | 8    | 16   | 32   |
| Big Mac®                                            | 965     | 2273 | 27         | 231  | 544   | 27   | 12    | 29   | 41    | 44   | 10    | 51   | 18    | 42   | 16   | 37   | 87    | 10   | 17   | 40   |
| McRoyal®                                            | 1072    | 2281 | 27         | 256  | 547   | 27   | 13    | 39   | 44    | 63   | 14    | 70   | 18    | 38   | 15   | 48   | 10    | 14   | 30   | 15   |
| WiesMac®                                            | 1059    | 2529 | 30         | 261  | 607   | 30   | 16    | 38   | 44    | 53   | 12    | 61   | 35    | 35   | 82   | 9    | 12    | 27   | 31   | 81   |
| McChicken®                                          | 960     | 1896 | 22         | 228  | 432   | 22   | 90    | 17   | 14    | 21   | 10    | 25   | 48    | 18   | 42   | 80   | 9     | 14   | 27   | 42   |
| Jalapeño Burger                                     | 1048    | 1269 | 15         | 250  | 303   | 15   | 12    | 14   | 20    | 34   | 41    | 20   | 24    | 28   | 11   | 56   | 54    | 10   | 12   | 14   |
| Chickie®                                            | 945     | 1765 | 20         | 222  | 402   | 20   | 93    | 18   | 28    | 13   | 19    | 30   | 40    | 17   | 56   | 54   | 6     | 18   | 26   | 94   |
| Red Chikiler®                                       | 960     | 1896 | 22         | 229  | 433   | 22   | 90    | 17   | 14    | 21   | 10    | 25   | 48    | 18   | 42   | 80   | 9     | 14   | 27   | 42   |
| McDouble®                                           | 1045    | 1765 | 20         | 222  | 402   | 20   | 93    | 18   | 28    | 13   | 19    | 30   | 40    | 17   | 56   | 54   | 6     | 18   | 26   | 94   |
| McRoyal® Podwójny                                   | 1099    | 3329 | 40         | 293  | 648   | 40   | 16    | 47   | 17    | 22   | 10    | 31   | 36    | 14   | 10   | 11   | 1     | 3    | 18   | 54   |
| WiesMac® Podwójny                                   | 1160    | 4025 | 46         | 367  | 983   | 46   | 19    | 67   | 68    | 23   | 17    | 36   | 34    | 26   | 91   | 10   | 08    | 29   | 16   | 55   |
| McWrap® Chrupczyki Klasyczny                        | 875     | 2387 | 29         | 209  | 572   | 29   | 85    | 23   | 20    | 56   | 28    | 23   | 64    | 24   | 36   | 98   | 11    | 35   | 90   | 25   |
| McWrap® Chrupczyki Bekon Deluxe                     | 1038    | 2710 | 32         | 248  | 632   | 32   | 13    | 33   | 47    | 20   | 52    | 26   | 29    | 34   | 26   | 69   | 8     | 14   | 37   | 96   |
| SALATKI                                             |         |      |            |      |       |      |       |      |       |      |       |      |       |      |      |      |       |      |      |      |
| Salátka                                             | 110     | 181  | 2          | 26   | 39    | 2    | 0,3   | 0,4  | 1     | 0    | 0     | 0    | 37    | 54   | 2    | 21   | 31    | 3    | 19   | 28   |
| Salátka Kurczak Premium                             | 540     | 1336 | 16         | 129  | 329   | 16   | 67    | 17   | 24    | 22   | 56    | 28   | 73    | 19   | 14   | 36   | 4     | 15   | 38   | 92   |
| SOSY DO SALATEK                                     |         |      |            |      |       |      |       |      |       |      |       |      |       |      |      |      |       |      |      |      |
| Oliva z Oliwek                                      | 3367    | 616  | 7          | 819  | 189   | 8    | 91    | 17   | 24    | 15   | 27    | 14   | 0     | 0    | 0    | 0    | 0     | 0    | 0    | 0    |
| Sos 1000 Wypś                                       | 834     | 340  | 4          | 202  | 82    | 4    | 19    | 8    | 11    | 15   | 06    | 3    | 67    | 27   | 1    | 44   | 18    | 2    | 0,3  | 0,1  |
| Sos Vinegret                                        | 1967    | 771  | 9          | 408  | 187   | 9    | 52    | 20   | 29    | 36   | 14    | 7    | 29    | 11   | 4    | 0    | 1     | 05   | 0,2  | 0,3  |
| Sos Jogurtowo-Koperkowy                             | 260     | 109  | 1          | 62   | 26    | 1    | 14    | 0,6  | 1     | 0,3  | 0,1   | 1    | 1     | 44   | 2    | 82   | 34    | 4    | 0,4  | 0,2  |
| EKSTRAKASI                                          |         |      |            |      |       |      |       |      |       |      |       |      |       |      |      |      |       |      |      |      |
| 4 McNuggets®                                        | 101     | 732  | 9          | 241  | 195   | 9    | 11    | 83   | 12    | 14   | 10    | 5    | 19    | 14   | 5    | 07   | 05    | 1    | 0,9  | 0,6  |
| 6 McNuggets®                                        | 101     | 1088 | 13         | 241  | 262   | 13   | 11    | 12   | 18    | 14   | 15    | 8    | 19    | 21   | 8    | 07   | 08    | 1    | 0,9  | 1    |
| 9 McNuggets®                                        | 101     | 1547 | 20         | 241  | 383   | 20   | 11    | 27   | 14    | 23   | 11    | 19   | 31    | 12   | 07   | 11   | 1     | 0,9  | 14   | 1    |
| 20 McNuggets®                                       | 101     | 2589 | 44         | 241  | 633   | 44   | 11    | 42   | 39    | 14   | 51    | 25   | 19    | 68   | 26   | 07   | 25    | 3    | 39   | 32   |
| Chrupczake marcheweczki                             | 130     | 349  | 4          | 20   | 51    | 4    | 2     | 0,2  | 0,2   | 0    | 0     | 0    | 0     | 6    | 67   | 3    | 47    | 33   | 4    | 28   |
| Soczyste jabłuszka                                  | 285     | 185  | 2          | 63   | 44    | 2    | 0,2   | 0,1  | 0     | 0    | 0     | 0    | 14    | 97   | 4    | 10   | 73    | 8    | 24   | 20   |
| OFERTA ŚNIADANIOWA                                  |         |      |            |      |       |      |       |      |       |      |       |      |       |      |      |      |       |      |      |      |
| McToSt® Pieczarki i Ser                             | 1126    | 1841 | 1          | 289  | 285   | 1    | 13    | 14   | 20    | 78   | 82    | 41   | 27    | 28   | 11   | 53   | 56    | 6    | 27   | 28   |
| McToSt® Bekon i Ser                                 | 1132    | 1842 | 1          | 289  | 285   | 1    | 14    | 12   | 17    | 78   | 84    | 32   | 33    | 24   | 11   | 54   | 55    | 6    | 27   | 28   |
| McToSt® Ser                                         | 1240    | 276  | 9          | 189  | 9     | 8,6  | 55    | 1    | 6     | 22   | 49    | 15   | 22    | 49   | 5    | 27   | 18    | 1    | 74   | 10   |
| McMuffin® Avocado                                   | 765     | 1867 | 14         | 178  | 283   | 14   | 9     | 14   | 20    | 29   | 46    | 23   | 17    | 27   | 10   | 13   | 2     | 12   | 10   | 14   |
| McMuffin® Jajko                                     | 957     | 1115 | 13         | 228  | 265   | 13   | 10    | 12   | 17    | 53   | 62    | 31   | 22    | 25   | 10   | 16   | 19    | 1    | 2    | 12   |
| McMuffin® Jajko i Bekon                             | 1022    | 1263 | 15         | 244  | 301   | 15   | 12    | 14   | 21    | 60   | 74    | 37   | 21    | 25   | 10   | 16   | 19    | 1    | 13   | 16   |
| McMuffin® Wiewiórzowy z Jajkiem                     | 1045    | 1773 | 20         | 259  | 420   | 20   | 14    | 24   | 34    | 66   | 11    | 55   | 16    | 25   | 10   | 12   | 10    | 16   | 14   | 17   |
| McMuffin® Farmerski                                 | 1261    | 1571 | 19         | 312  | 363   | 19   | 18    | 22   | 32    | 62   | 78    | 39   | 21    | 26   | 10   | 29   | 13    | 14   | 14   | 17   |
| McMuffin® Twarożek i Rzodkiewka                     | 871     | 1148 | 14         | 210  | 275   | 14   | 11    | 14   | 21    | 74   | 97    | 49   | 10    | 26   | 10   | 26   | 34    | 1    | 0    | 12   |
| Pszenna Kajerka Kurczak Premium                     | 878     | 1887 | 22         | 209  | 444   | 22   | 76    | 16   | 23    | 08   | 18    | 9    | 25    | 53   | 20   | 22   | 47    | 1    | 17   | 36   |
| Pszenna Kajerka Kurczak Premium                     | 878     | 1887 | 22         | 209  | 444   | 22   | 76    | 16   | 23    | 08   | 18    | 9    | 25    | 53   | 20   | 22   | 47    | 1    | 17   | 36   |
| Wielozłazniasta Kajerka Kurczak Premium             | 912     | 1839 | 23         | 217  | 462   | 23   | 93    | 20   | 20    | 22   | 11    | 23   | 50    | 19   | 21   | 44   | 5     | 19   | 39   | 10   |
| Pszenna Podwójna Kajerka Wiewiórzowa DeLuxe         | 1138    | 2630 | 31         | 273  | 623   | 31   | 17    | 38   | 54    | 60   | 14    | 70   | 18    | 41   | 16   | 17   | 40    | 10   | 21   | 25   |
| Wielozłazniasta Podwójna Kajerka Wiewiórzowa DeLuxe | 1162    | 2672 | 32         | 281  | 631   | 32   | 18    | 42   | 59    | 61   | 14    | 70   | 18    | 41   | 16   | 17   | 40    | 10   | 21   | 25   |
| Pszenna Kajerka Jajko i Pieczarki                   | 908     | 1825 | 22         | 227  | 436   | 22   | 12    | 23   | 33    | 12   | 17    | 55   | 20    | 41   | 16   | 37   | 4     | 22   | 43   | 82   |
| Wielozłazniasta Kajerka Jajko i Pieczarki           | 944     | 1888 | 23         | 226  | 454   | 23   | 13    | 27   | 38    | 58   | 12    | 60   | 18    | 37   | 14   | 34   | 4     | 24   | 47   | 83   |
| Śniadaniowy McWrap® z Jajecznica i Bekonem          | 712     | 1485 | 8          | 169  | 368   | 8    | 16    | 9    | 14    | 26   | 55    | 18   | 38    | 16   | 15   | 31   | 13    | 28   | 84   | 18   |
| Śniadaniowy McWrap® z Jajecznica i Pieczarkami      | 671     | 1454 | 8          | 160  | 369   | 8    | 12    | 16   | 24    | 32   | 73    | 17   | 36    | 18   | 15   | 34   | 12    | 37   | 38   | 68   |
| Śniadaniowy McWrap® z Jajecznica i Wiewiórzowa      | 717     | 1844 | 23         | 185  | 464   | 23   | 14    | 24   | 34    | 36   | 90    | 45   | 16    | 38   | 15   | 32   | 02    | 48   | 21   | 25   |
| FRYTKI                                              |         |      |            |      |       |      |       |      |       |      |       |      |       |      |      |      |       |      |      |      |
| Frytki Małe                                         | 1200    | 960  | 11         | 287  | 229   | 11   | 14    | 15   | 11    | 13   | 11    | 6    | 36    | 29   | 11   | 03   | 02    | 0    | 36   | 29   |
| Frytki Średnie                                      | 2000    | 1686 | 16         | 287  | 327   | 16   | 14    | 15   | 11    | 13   | 15    | 8    | 46    | 31   | 16   | 03   | 03    | 0    | 36   | 41   |
| Frytki Duże                                         | 3200    | 1800 | 21         | 287  | 430   | 21   | 14    | 16   | 20    | 29   | 13    | 20   | 10    | 36   | 34   | 21   | 03    | 04   | 11   | 06   |
| DODATKI                                             |         |      |            |      |       |      |       |      |       |      |       |      |       |      |      |      |       |      |      |      |
| Ketchup                                             | 596     | 58   | 1          | 119  | 14    | 1    | 0     | 0    | 0     | 0    | 0     | 0    | 28    | 31   | 1    | 13   | 22    | 2    | 18   | 02   |
| Sos Słodko-Kwaśny                                   | 727     | 214  | 3          | 12   | 51    | 3    | 13    | 0,4  | 1     | 0,1  | 0     | 0    | 39    | 12   | 4    | 36   | 11    | 12   | 0,8  | 0,2  |
| Sos Barbecue                                        | 846     | 189  | 2          | 162  | 44    | 2    | 12    | 0,4  | 1     | 0,2  | 0     | 0    | 34    | 10   | 4    | 33   | 10    | 15   | 0,5  | 0,1  |
| Sos Czosnkowy                                       | 2919    | 693  | 8          | 169  | 168   | 8    | 77    | 18   | 26    | 57   | 14    | 7    | 3,6   | 0,9  | 0    | 28   | 0,7   | 1    | 0,3  | 0,1  |
| Sos Śmietanowy                                      | 1783    | 446  | 5          | 129  | 103   | 5    | 43    | 11   | 16    | 15   | 14    | 7    | 9,2   | 23   | 0,4  | 11   | 0,4   | 19   | 0,5  | 0,1  |
| Sos Sriracha Mayo                                   | 1029    | 272  | 3          | 148  | 36    | 3    | 19    | 5    | 7     | 15   | 0,4   | 2    | 17    | 45   | 2    | 14   | 37    | 4    | 0,2  | 0,8  |
| Grzanki w sosie czosnkowym                          | 1754    | 246  | 3          | 416  | 58    | 3    | 8,2   | 11   | 6     | 12   | 0,8   | 0,1  | 1     | 72   | 10   | 4    | 5,9   | 0,8  | 1    | 15   |
| PRODUKTY PROMOCYJNE                                 |         |      |            |      |       |      |       |      |       |      |       |      |       |      |      |      |       |      |      |      |
| McCrisky® Bacon Supreme                             | 978     | 2532 | 30         | 233  | 609   | 30   | 10    | 26   | 38    | 24   | 62    | 31   | 22    | 58   | 22   | 43   | 11    | 12   | 16   | 42   |
| Spicy McCrispy®                                     | 1086    | 2346 | 28         | 254  | 560   | 28   | 11    | 24   | 36    | 23   | 5     | 25   | 25    | 55   | 21   | 39   | 87    | 10   | 16   | 36   |
| McCrispy®                                           | 992     | 2305 | 27         | 237  | 550   | 27   | 10    | 23   | 33    | 12   | 27    | 14   | 56    | 21   | 17   | 12   | 17    | 29   | 54   | 10   |
| Chrupczake fideczki XL                              | 1054    | 1307 | 16         | 252  | 316   | 16   | 12    | 15   | 18    | 22   | 11    | 41   | 16    | 55   | 0,6  | 1    | 46    | 57   | 2,8  | 55   |
| Big Tasty® Bacon                                    | 1400    | 1365 | 38         | 271  | 729   | 38   | 17    | 45   | 26    | 9,8  | 91    | 36   | 24    | 22   | 9    | 05   | 05    | 1    | 05   | 05   |
| Filet-O-Fish®                                       | 1371    | 3013 | 36         | 271  | 729   | 36   | 17    | 45   | 26    | 9,8  | 91    | 36   | 24    | 22   | 9    | 05   | 05    | 1    | 05   | 05   |
| Chicken McBites® 20 szt.                            | 932     | 1261 | 15         | 222  | 301   | 15   | 9,2   | 12   | 18    | 14   | 19    | 10   | 23    | 19   | 05   | 07   | 1     | 0,9  | 12   | 18   |
| Sos musztardowy                                     | 907     | 249  | 3          | 217  | 60    | 3    | 12    | 3    | 5     | 1    | 0,3   | 1    | 24    | 65   | 3    | 20   | 5,6   | 1    | 0,6  | 2    |
| Sos blue cheese                                     | 1614    | 412  | 5          | 391  | 100   | 5    | 39    | 10   | 14    | 47   | 12    | 6    | 59    | 15   | 1    | 39   | 1     | 0,2  | 0    | 33   |
| Maestro Grand Classic                               | 900     | 2590 | 35         | 229  | 505   | 35   | 12    | 37   | 32    | 43   | 13    | 67   | 16    | 48   | 18   | 38   | 12    | 13   | 0,6  | 2    |
| Maestro Bacon&Cheddar                               | 988     | 3036 | 37         | 223  | 631   | 37   | 12    | 39   | 35    | 67   | 19    | 94   | 16    | 50   | 39   | 12   | 14    | 15   | 48   | 15   |